



EmpowerU and Illuminate Education’s partnership provides schools with a holistic and comprehensive social-emotional solution.

The Social, Academic, and Emotional Behavior Risk Screener (SAEBRS), part of FastBridge K-12 assessment solution, enables schools to easily and accurately identify students that need additional social-emotional support - and EmpowerU efficiently and seamlessly delivers this vital support with an evidence-based, proven solution.

EMPOWERU

Tier 1 and Tier 2 SEL Intervention

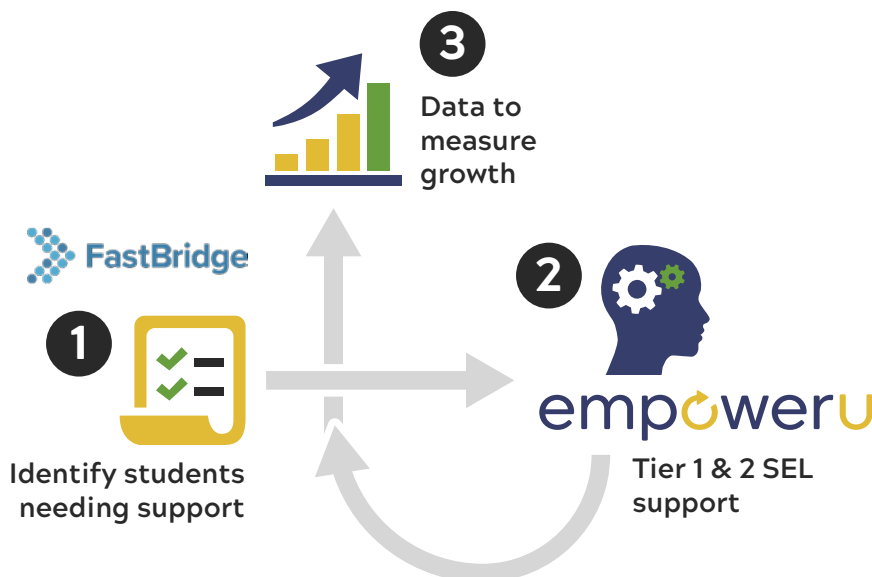
Transformational student support personalized to each student. EmpowerU’s data-driven program combines engaging daily skill-building lessons with embedded 1:1 virtual coaching from EmpowerU licensed therapists, helping students build resilience, persistence and confidence.

SAEBRS/mySAEBRS

Social, Academic & Emotional Behavior Risk Screener

Research-based teacher and student raters that help K-12 schools efficiently identify students that would benefit from additional support, and measure progress and program impact post intervention.

TWO POWERFUL SOLUTIONS IN ONE PROVEN SEL PROGRAM



- **SAEBRS** and **mySAEBRS** affordably and effectively identifies students needing extra Tier 1 instructional support
- **EmpowerU’s** turn-key, credit-bearing program delivers meaningful student support each day. Over 94% of students that complete the course make significant, measurable progress toward lasting change and increased resilience.
- **EmpowerU** measures each individual student’s pre-to-post program growth using Prochaska and DiClemente’s phases of change model. Post-intervention, **SAEBRS** and **mySAEBRS** provide schools with ongoing data that measures each student’s continued progress as well as overall program effectiveness at the school level.