

Concept Map

Issue / Problem: Pain
Assess Pain using pain scale
Pharm-Norco 5-325 1-2 q 4 hrs prn
Non pharm-ice/elevation
Reassess pain-1 hr after intervention

NDX Acute pain
R/T operative procedure
AEB pain level 8/10

Issue / Problem: Wound
Assess Wound
Monitor drainage
Monitor s/s infection (labs, VS)
Dressing changes as order

NDX Impaired skin integrity
R/T surgical procedure
AEB incision to right knee

Osteoarthritis
s/p RTKA
Degenerative "wear-and-tear" type of arthritis that occurs most often in people 50 years of age and older. The cartilage in the knee joint gradually wears away.

Medical Diagnosis/Reason for Seeking Healthcare
with definition

Issue / Problem: Mobility
Assess mobility
Assist with ADLs
Use assistive devices as needed
PT/OT

NDX Impaired physical mobility
R/T musculoskeletal
AEB RLE weakness

Issue/Problem: Constipation
Increase fluid intake
Increase ambulation as tolerated
Opioid use only as needed
Increase dietary fiber
Stool softeners as needed

NDX Constipation
R/T decrease in GI motility
AEB no bowel movement in 5 days