



NINNESCAH RURAL ELECTRIC COOPERATIVE

Watts Ahead

Ninnescah Rural Electric Co-op, Inc.

Board of Trustees

Ronald Schultz
President

Glen Honeman
Vice President

Paul Unruh
Secretary

Edwin D. Lenkner
Treasurer

Michael Christie
Trustee

Lori R. Jones
Trustee

Ruth Teichman
Trustee

Kenneth E. Unruh
Trustee

Staff

Teresa Miller
General Manager

Robert Lamatsch
Manager of Operations

In Case of an Outage

If your electricity is off for more than a few minutes, please call 800-828-5538. The office hours are 8 a.m. to 5 p.m., Monday–Friday. After hours, calls will be answered by dispatch and forwarded to our on-call personnel.

What You're Missing at the Ninnescah Electric Annual Meeting

Join us March 19 at 6 p.m. at the Pratt Municipal Building for Ninnescah's annual meeting. We look forward to gathering with you, our members, to catch up, enjoy good food and fellowship.

Did you know every cooperative is required to conduct an annual meeting of the membership? The purpose is to hold board of directors elections, share important financial information, vote on matters such as by-law changes and of course—the great door prizes!

Ninnescah Electric's annual meeting is a community gathering where neighbors can meet new neighbors—or catch up with old acquaintances. As our lives become busier with the “errands of life” and more of our interactions with others are online (via social media), we must renew the value of face-to-face connections. Very few organizations are uniquely positioned like Ninnescah Electric to bring together the members of our local communities.

While rural Americans probably do a better job of staying connected to our neighbors (in part because we need too), it is not something we should take for granted. The simple act of smiling, saying hello and shaking someone's hand truly lifts both parties.

The annual meeting gives our members the chance to come together and take care of the important business

March 2019						
S	M	T	W	U	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

of the co-op and the equally important business of building a real sense of community. All cooperatives serve both an economic and social purpose. While safe, reliable and affordable electric power is crucial to our mission, improving the quality of life for all members is at the core of what we do every day.

If you have not attended the annual meeting in the past or if it has been a few years, we encourage you to take the time to gather with your fellow co-op members.

Ninnescah Electric is connected to you by more than just power lines. We are your neighbors, and we look forward to seeing you at your annual meeting on March 19.

Electricity 101: The Flip of a Switch

Have you ever wondered why they call it electricity?

It's named after those little pieces of atoms called electrons, and that's the place to start in understanding how power plants make something that reliably lights your home with the flip of a switch.

Getting all those electrons to march together inside a wire has been described as one of civilization's greatest and most complex engineering feats.

Just about all of your electricity starts with the scientific phenomenon that spinning a magnet inside a coil of wires will generate electricity. So, deep inside most power plants are large turbines that are turned in different ways: falling water at a hydroelectric dam; burning coal or natural gas at a fossil fuel station; atomic energy at a nuclear power plant; or the rotating blades of a wind turbine. One exception is solar energy, which uses materials that produce electricity when they're activated by sunlight.

Every one of those power plants is unimaginably complicated—think about what you would do if

When you think about it, that's a lot of power in the simple flip of a switch!

you were handed a lump of coal and were told to make it run your refrigerator.

Most large electric generating plants need large banks of transformers

to boost the voltage for the cross-country trip through wires held up by tall transmission lines and towers. As it nears your neighborhood, the voltage is reduced at one of those fenced-in complexes of wires and transformers called a substation. Lower voltage makes the electricity safer for home energy use. As the electricity gets closer to your home or business, the voltage is reduced again with smaller transformers, which you can typically see mounted on a nearby utility pole or in a ground-level green box in your yard.

Beyond those basics, all that flowing electricity needs to be coordinated so it gets to the right house just as it's needed. Safety is always top priority. And line crews need to be kept organized for both routine power line maintenance as well as restoration after storm damage.

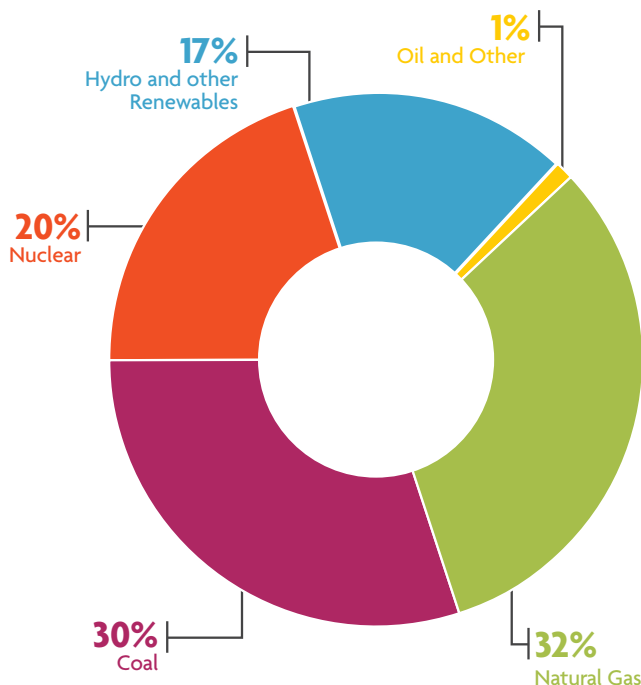
When you think about it, that's a lot of power in the simple flip of a switch!



Powerful Sources

Nationally, electric cooperatives and other utilities use a variety of fuels to power American homes and businesses. This diverse fuel mix supplies co-op members with the safe, reliable and affordable power they depend on.

Source: U.S. Energy Information Administration (2017 data)



Ninnescah's Annual Meeting is March 19



Join us for a FREE dinner!

At the Pratt
Municipal Building

Ninnescah Electric
Cooperative's

**2019
Annual
Meeting**

Tuesday, March 19

Registration at 5 p.m.

Dinner at 6 p.m.

Meeting to follow

ATTENTION: Accounts Currently Listed in Name of Deceased

We have recently become aware there are active accounts listed in the name of someone who is deceased. Please be advised, according to our bylaws, accounts may not continue to be listed in the name of a person who is deceased.

If you are currently paying a bill that is listed in the name of a deceased, please contact our office immediately to have the account name changed. Thank you in advance for your cooperation.

WELCOME New Members

Stratford Farms LLC – Pratt

Karen Kerns – Vian, OK



Recipes

from Our
Members' Kitchens

We hope you are enjoying the recipes from your neighbors. In order to continue this page, PLEASE submit YOUR favorite recipes today.

Pea Salad

- ▶ 6 slices bacon, cooked & crumbled
- ▶ 10 ounces frozen peas, thawed & drained
- ▶ 1 cup shredded cheddar cheese
- ▶ 2 chopped boiled eggs
- ▶ 3 Tbs. mayo
- ▶ 2 tsp. lemon juice
- ▶ salt & pepper to taste

Mix all together. Chill. Serve in a pretty bowl.

Joy Tweedy, Greensburg

Peach Cobbler

- ▶ 4 cup sliced peaches (about 4-5 peaches)
- ▶ ½ cup butter
- ▶ 1 cup flour
- ▶ 1 ½ cup sugar, divided
- ▶ 1 ½ tsp. baking powder
- ▶ ½ tsp. salt
- ▶ ¾ cup milk

Combine peaches and ½ cup sugar. Let stand while mixing other ingredients. Melt butter and pour into 13x8x2 baking pan or dish. Set aside. Combine flour, 1 cup sugar, baking powder and salt into a bowl. Add milk and mix well. Pour batter into baking dish over butter. (Do not stir.) Pour the peach mixture evenly over batter. Bake at 375 F for 50 minutes or until golden brown. (You may want to put foil under the dish as it sometimes boils over.)

Bonnie Seidel, Pratt

Chicken Paprikash

- ▶ 4 chicken breasts, cut in bite size pieces
- ▶ ½ cup mushrooms, sliced
- ▶ ½ cup onions, sliced
- ▶ ½ tsp. paprika
- ▶ ½ tsp. garlic powder
- ▶ ½ tsp. season salt
- ▶ 2 Tbs. olive oil
- ▶ 2 Tbs. fresh parsley
- ▶ 2 cup V8 juice
- ▶ ½ tsp. pepper
- ▶ 1 Tbs. & ½ tsp. paprika
- ▶ few drops, Tabasco
- ▶ 8 ounces sour cream
- ▶ pasta

Sprinkle chicken with ½ teaspoon paprika, garlic and season salt. Brown chicken, onion and mushrooms in olive oil 10 minutes. Add V8, parsley, pepper and 1 tablespoon paprika. Bring to a boil and simmer 30 minutes until tender. Add sour cream and Tabasco. Heat through. Serve over pasta.

Deb Goyen, Pratt

Want to share your recipe?

Your submissions help continue this feature.

Please consider submitting your favorite recipes for all to enjoy. In your submission, include the following:

- ▶ Your name and contact information;
- ▶ Ninnescah account number; and
- ▶ The recipe (clearly printed or typed).

Mail your entry to:

Ninnescah Rural Electric
Attn: Recipes
P.O. Box 967, Pratt, KS 67124

Or email your entry to:

naschenbrenner@ninnescah.com

Thank you!