



NINNESCAH RURAL ELECTRIC COOPERATIVE

Watts Ahead

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In Case of an Outage

If your electricity is off for more than a few minutes, please call 800-828-5538. The office hours are 8 a.m. to 5 p.m., Monday–Friday. After hours, calls will be answered by dispatch and forwarded to our on-call personnel.

COOPERATIVE YOUTH LEADERSHIP CAMP

Hampton Reflects on Experiences

Hello! My name is Adison Hampton. I live just outside Pratt, and am a senior at Skyline Schools. I was given another absolutely wonderful opportunity this summer! Last year I was chosen to go to Washington, D.C., on the Youth Tour and had a ton of fun! This year I was chosen to go to Steamboat Springs, Colorado, for the Cooperative Youth Leadership Camp. We got to stay at a beautiful camp with a river right outside my cabin and lots of amazing wildlife (including bears!). While at camp, I learned countless leadership skills and met many unique people and life-long friends! We took a tour bus to Colorado, and on our ride there I got to know a group of 42 other campers, three ambassadors, and four counselors who were all from either Kansas or Oklahoma. Once we arrived at camp we met with 45 more campers, two more ambassadors, and 11 more counselors who were from Colorado, Wyoming or Utah.

We spent our first evening getting to know each other and electing 10 campers to the board of directors who were in charge of organizing our version of a co-op. That night I was elected to the board, and then elected to be president of the whole camp. A few of my responsibilities as president included sitting down with the rest of the board and interviewing more than 20 other campers for the position of general manager, introducing different speakers and giving a few

small speeches throughout the week, helping to lead the group in lots of activities, and, at the end of camp, dissolving our co-op.

While in Colorado, we got to do many things most of us had never been able to do before. A few of my favorite and most memorable activities were going indoor skydiving, riding a gondola, going white-water rafting, shopping in downtown Steamboat, getting to see and be a part of some of the electrical presentations, having a sand volleyball tournament and barbecue, holding a camp-wide talent show, and even putting on two dances.

Halfway through camp, we were given the chance to apply for a position to come back as one of next year's ambassadors. The ambassador's job at camp is to lead most camp activities, help the counselors with anything and everything they may need, to wake up all the campers every morning, and to support and help advise the campers. Being able to come back as an ambassador is a very sought after position because only six (out of 88) campers are chosen. To become an ambassador, you have to have 20 other campers sign your petition, fill out an application, introduce yourself to the camp and explain why you would



Adison Hampton

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SOPHOMORES AND JUNIORS—APPLY FOR THESE AMAZING TRIPS!

YOUTH PROGRAMS BUILD

Leadership, Community, Memories

Ninnescah Electric will select two students to take an all-expenses-paid trip in the summer of 2019. If you are a high school sophomore or junior, submit your application for the chance to win one of these trips.

During both trips, students forge lifelong friendships and many become college roommates and professional colleagues. Most importantly, these youth programs inspire students to discover who they want to be.



During the Electric Cooperative Youth Tour to Washington, D.C., students meet with our elected officials. This year's tour will be June 13-20, 2019.

Tour the Nation's Capital

Imagine—a chance to visit our nation's capital for one week, meet with more than 1,800 students from across the U.S. and visit with Kansas' senators and congressional representatives. Ninnescah will choose one winner to go to the Electric Cooperative Youth Tour in Washington, D.C., from June 13-20, 2019. The week-long trip to Washington, D.C., is jam-packed with sightseeing. Students will visit many of the major monuments and memorials, including the Lincoln Memorial, the Jefferson Memorial



Each year, campers go rafting during Cooperative Youth Leadership Camp in Steamboat Springs, Colorado, which is scheduled for July 12-18, 2019.

a winner to attend Cooperative Youth Leadership Camp in Steamboat Springs, Colorado, July 12-18, 2019. Rafting, hiking and building memories—it's not just another trip! At camp, you will join winners from other co-ops in Kansas, Colorado, Oklahoma and Wyoming to build valuable leadership skills. Learn more at <http://bit.ly/CYLCVideo>.

How to Apply

To apply for the Electric Cooperative Youth Tour or Cooperative Youth Leadership Camp, please complete the form below or download at www.ninnescah.com and return **BY DEC. 6, 2018**. Ninnescah will provide informational packets on which there will be a quiz and short interview (similar to a job interview) to select two winners. For more information, please contact Nancy Aschenbrenner at 800-828-5538.

and the Washington Monument. To see what's in store, visit <http://bit.ly/dcytvideo2015>.

Adventure in the Rockies

Ninnescah will also choose

Application for Youth Tour Contest – Due Dec. 6, 2018

To apply, please complete the application below and return to Ninnescah Rural Electric Cooperative, 275 NE 20th St., P.O. Box 967, Pratt, KS 67124, **BY DEC. 6, 2018**.

Applicant Name _____ Date of Birth _____

Phone _____ Email _____

Address _____ City _____ State _____ Zip _____

School _____ Year in School _____

Name of Parent(s) or Guardian(s) _____

Parent(s) or Guardian(s) Phone Number(s) _____

I agree that all information supplied in this application is accurate and true. APPLICANT SIGNATURE _____

I hereby grant permission for _____ to enter the 2019 Youth Tour competition sponsored by

Ninnescah Electric Cooperative, Inc. SIGNATURE OF PARENT/GUARDIAN _____

Working on the LINE



Crew finishing some rock landscaping.

Stop Energy Vampires and Save Money

You may have energy vampires in your home stealing money from you right now. Some electronics draw power from the outlet and money from your wallet, even when they are turned off. They go into standby mode, which uses electricity for features like displays and remote controls.

There are many household appliances that constantly use energy including: televisions, computers, microwaves, DVD players, cable boxes with DVR, cell phone chargers, printers and game consoles.

The Energy Education Council has advice to help you put a stop to scary energy vampires in your home:

- ▶ Unplug electronics you are not using.
- ▶ If you have a room you do not use regularly, plug electronics into a power strip, and turn off the power strip when items are not in use. Power strips can also be useful in areas where there is a large concentration of electronics, like an office or an entertainment room.

Energy Vampires



can add **10%** or more to electric bills.

Safe
Electricity.org

research collected from Energy.gov

- ▶ Purchase smart power strips for your computers and televisions. These devices sense when the computer or television is sleeping or off. The smart strip cuts off power to related electronics, such as DVD players, video game consoles and printers.
- ▶ Buy low-standby products. Most ENERGY STAR-endorsed products draw smaller than average amounts of electricity when turned off.
- ▶ Avoid electronics with extra features you do not need as these might use more energy.

Visit EnergyEdCouncil.org for more information on keeping your home energy efficient.

Hampton Reflects...

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be a good person for the position, show that you are positive, involved, and qualified throughout the week, and give two speeches to the camp. The first speech you give will be in the preliminary round before we vote on finalists. If you make finals, you will give your second speech to the camp at our banquet, where we vote again for the six campers that will come back as ambassadors for next year. Each year, they choose three from the Eastern Division (Kansas/Oklahoma) and three from the Western Division (Colorado/Wyoming/Utah). They announce the new ambassadors to the camp later that same night at an induction ceremony. I was fortunate enough to make finals, and get voted on by campers, ambassadors and counselors to come back as one of the six ambassadors for next year's camp!

My experience will be one I will remember and cherish for the rest of my life. I met so many truly outstanding individuals, most of whom I'm still in touch with. I really cannot say thank you enough for all the doors this trip has opened for me. I am a changed girl because of it, and appreciate the opportunity to have been able to experience not only one, but two, of these wonderful trips. I am beyond excited to get to go one last time next year, and am forever thankful for everything.

Adison Hampton

WELCOME New Members

Cody &/or Canyon Hamm – Preston

Donald S. Hayes Revoc Trust – Pratt

Garrett &/or Samantha Jantz – Greensburg

Wind River Exploration Inc. – Sewickley, PA

Heinrich H. Penner – Haviland

Steven R. &/or Vanessa A. Etheridge – Medicine Lodge

American Pipeline Co LLC – Wichita

Recipes

from Our
Members' Kitchens

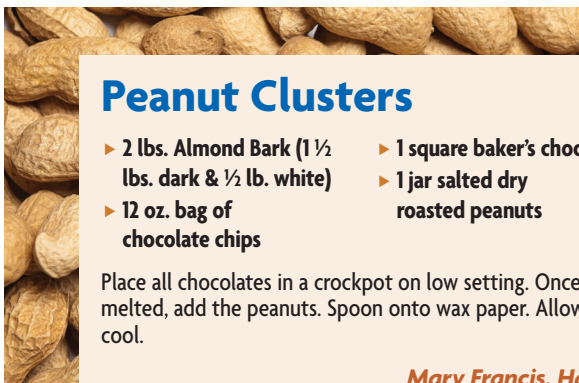


Breakfast Casserole

- ▶ 8 slices bread – torn into pieces
- ▶ 1 lb. fried sausage
- ▶ 8 oz. cheddar cheese
- ▶ 1 dozen eggs
- ▶ 3 cup milk – divided
- ▶ 1 tsp. dried mustard
- ▶ 1 can green chilies
- ▶ 1 diced onion
- ▶ 1 can mushroom soup

Place torn bread pieces in a 9x13 pan. Mix together eggs, 2 ½ cups milk, dried mustard and green chilies. Then add onion. Mix mushroom soup and ½ c milk. Pour all the above over bread mixture. Let set overnight in the refrigerator. Bake at 300 F for 1 ½ hours.

Bonnie Seidel, Pratt

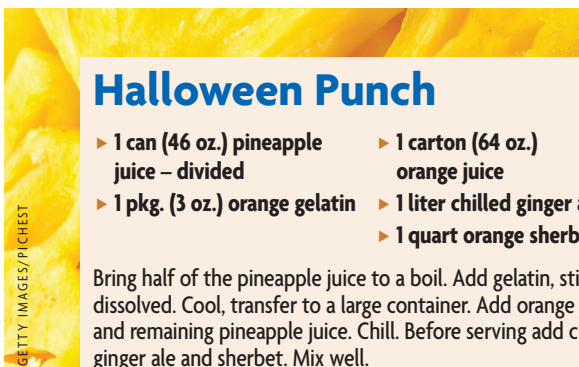


Peanut Clusters

- ▶ 2 lbs. Almond Bark (1 ½ lbs. dark & ½ lb. white)
- ▶ 12 oz. bag of chocolate chips
- ▶ 1 square baker's chocolate
- ▶ 1 jar salted dry roasted peanuts

Place all chocolates in a crockpot on low setting. Once all melted, add the peanuts. Spoon onto wax paper. Allow to cool.

Mary Francis, Harper



Halloween Punch

- ▶ 1 can (46 oz.) pineapple juice – divided
- ▶ 1 pkg. (3 oz.) orange gelatin
- ▶ 1 carton (64 oz.) orange juice
- ▶ 1 liter chilled ginger ale
- ▶ 1 quart orange sherbet

Bring half of the pineapple juice to a boil. Add gelatin, stir until dissolved. Cool, transfer to a large container. Add orange juice and remaining pineapple juice. Chill. Before serving add chilled ginger ale and sherbet. Mix well.

Carol Jean Welsch, Haviland

Pumpkin Pie Squares

Crust

- ▶ 1 cup flour
- ▶ ½ cup brown sugar
- ▶ ½ cup oatmeal
- ▶ ½ cup cool margarine

Filling

- ▶ 1 can (15 oz.) pumpkin
- ▶ 1 can (12 oz.) evaporated milk
- ▶ 2 eggs
- ▶ ¾ cup sugar
- ▶ 1 tsp. cinnamon
- ▶ ½ tsp. ginger
- ▶ ¼ tsp. cloves
- ▶ ½ tsp. salt

Topping

- ▶ ½ cup brown sugar
- ▶ Pecans optional

Combine flour, oatmeal and brown sugar. Cut in margarine until crumbly. Press into a 9x13-inch pan. Bake at 350 F for 15 minutes. While crust is baking, beat filling ingredients until smooth. Pour filling over baked crust. Bake 20 minutes. Combine topping ingredients and sprinkle over the filling. Bake 15 minutes more until knife comes out clean. Cool. Serve with whipped topping. Makes 20 squares.

Carol Jean Welsch, Haviland



Pumpkin Bread

- ▶ 2/3 cup shortening
- ▶ 2 2/3 cup sugar
- ▶ 4 eggs
- ▶ 1 can (16 oz.) pumpkin or 2 cups fresh
- ▶ 2/3 cup water
- ▶ 2 tsp. baking soda
- ▶ 1 ½ tsp. salt
- ▶ ½ tsp. baking powder
- ▶ 1 tsp. cinnamon
- ▶ 1 tsp. cloves
- ▶ 3 ½ cups flour
- ▶ 2/3 cup chopped nuts

Cream shortening and sugar. Stir in eggs, pumpkin and water. Blend dry ingredients. Stir into pumpkin mixture. Add nuts and stir. Divide into two greased loaf pans. Bake at 350 F for 70 minutes or until done.

Mary Francis, Harper

Want to share your recipe?

Your submissions help continue this feature. Please submit your favorite recipes for all to enjoy. In your submission, include the following:

- ▶ Your name and contact information;
- ▶ Ninnescah account number; and
- ▶ The recipe (clearly printed or typed).

Email your entry to: naschenbrenner@ninnescan.com

Mail your entry to:

Ninnescah Rural Electric Attn: Recipes
P.O. Box 967, Pratt, KS 67124

Thank You!

