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Education

Ph.D. California Institute of Integral Studies, San Francisco, CA.
Clinical Psychology.

Minnesota School of Professional Psychology, Minneapolis, MN.
Graduate course work in Clinical Psychology.

B.A. St. Olaf College, Northfield, MN.
Fields of study: Psychology, World Religions.

Licensure

Licensed Psychologist, State of Minnesota. LP# 3655

Employment Experience

MOXIE INCORPORATED: CENTER FOR LIFE HEALTH, LTD. Minneapolis, MN Psychologist:
(1999-present). Founded coaching and consulting firm to provide services to individuals, families, and businesses in the areas of conflict resolution, parenting and divorce.

CHICANOS LATINOS UNIDOS EN SERVICIOS Minneapolis, MN
Psychologist: (September 1999-August 2000). Provided culturally sensitive clinical supervision to pre-doctoral psychology interns.

INDIAN HEALTH BOARD OF MINNEAPOLIS Minneapolis, MN

Department Director, Counseling & Support Clinic: (June 1996-January 2001).

Director of Clinical Training: (March 1995-August 2003).

Staff Psychotherapist: (March 1994-March 1995).

Intern: (March 1993-March 1994).

Developed training program for pre-doctoral psychology interns. Managed all staff hiring and employment issues for the mental health clinic, wrote grants and managed budget, maintained clinical case load.

Board & Committee Memberships

- ADR Ethics Board- appointed by MN Supreme Court, January 2017-present
- Minnesota Psychological Association Ethics Committee 2012-2016

Professional Associations

- Association of Family and Conciliation Courts (AFCC)

Research Experience

"Bisexual Self-Identification: Cognitive and Social Factors". Dissertation, in compliance with Ph.D. requirements of the California Institute of Integral Studies.

Dissertation Committee Member: *"Cross-Cultural TAT"* by Peter Meyers, Psy.D., Minnesota School of Professional Psychology.

Dissertation Committee Member: *"Group Psychotherapy with American Indian Girls"* by Lynne Hagen, Psy.D., Minnesota School of Professional Psychology.

Dissertation Committee Member: *"Meanings of Cultural Competence: Perspectives of Native and Non-Native Clinicians working within the Native American Community"* by Kaia Mahlke, Psy.D. candidate, Minnesota School of Professional Psychology.

Research Consultant: *"A Cross-Cultural, Indigenous Perspective of Illness, Health & Healing"* by Mimi Sa, Psy.D., Minnesota School of Professional Psychology.

Dissertation Committee Member: *"Children's Responses to Grief Following the Death of a Parent"* by Katherine Thomas, Psy.D., Minnesota School of Professional Psychology.

Presentations and Teaching Experience (selected)

"How to Manage High Conflict in Family ADR," Co-Presented with Tanja Manrique, MN CLE Advanced Family Law Series, Nov. 18, 2019.

"Keeping Your Cool when Clients Get Heated," MN State Bar Association, ADR Section, March 14, 2017. Reprised as Webcast by MN CLE, August 15, 2019.

"Getting Comfortable with Conflict," co-presented with Jennifer Joseph, JD, ADR Institute, Oct. 28, 2016.

"Don't Believe Everything You Think: How Cognitive & Memory Biases Impact Practitioners and Parties," co-presented with Bill Brendel, Ed.D., Divorce Camp, 2016.

"Critical Issues in Child Development for Family and Juvenile Court Judges," co-presented with Phil Stahl, Ph.D., Hon. Karen Adam, & Hon. Ernestine Gray. AFCC Annual Conference, (New Orleans) May 27, 2015.

"A Voice but Not a Choice: Hearing from children about their parents' disputes," co-presented with Mindy Mitnick and Kevin McGrath, AAML-MN Divorce Camp, September 18, 2014.

"From Teething to Texting: Parenting plans for the ages," co-presented with Kevin McGrath, AFCC Regional Conference, July 17, 2014.

"Approaches to Hearing from Adolescents," co-presented with Mindy Mitnick and Kevin McGrath, AFCC National Conference, (Kansas City); November 9, 2013

"Child Inclusive Mediation", Presented to Minnesota CLE November 2011, AAML-MN September 2012, and AFCC April 2013.

"Joint Physical Custody", Family Law for the MN Judiciary. Co-presented with Hon. Tanja Manrique and Bill Eddy, May 4 2012.

"Prepare to Share" Conflict Resolution Minnesota, April 27, 2012, co-presented with Mindy Mitnick and John Jerabek.

"Personality Disorders", Presented at Family Law Section, MN State Bar Association, April 2011.

"Parenting Plans for Very Young Children," co-presented with Mindy Mitnick at Hennepin County Bar Association, December 2010; at Family Law Institute, March 2011; and at Best of the Family Law Institute, August, 2011.

"Working with Never Married Parents," co-presented with Suzanne Remington at Volunteer Lawyer's Network, November 2010.

Conferences Attended (selected)

Mediation & Family Law:

"Concepts, Controversies & Conundrums of Parent-Child Contact Problems," AFCC, May 12, 2020

"Elder Law Mediation," Zena Zumeta, Hamline University Dispute Resolution Institute, July 11-12, 2015.

"Family Early Case Management and Early Neutral Evaluation Training (SENE)" April 24-25, 2013.

"Child Informed Mediation: Clinician Training Program," Jennifer McIntosh, June 2011.

"Advanced Mediation Training", Zena Zumeta, MACRS, October 2010.

"Intensive Interventions for High Conflict Parents," Matthew Sullivan, MICOD, July 2010.

"High Conflict Divorce – Should the Baby Stay Overnight?" MICOD, April 2006.

"Divorce Camp." American Association of Matrimonial Lawyers- Minnesota Chapter, October 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019.

"Family Law Mediation." Center for Conflict Management/ Americord, The Centers for Law & Leadership, William Mitchell College of Law. August 2000.

"Mediation Skills for Business and Professional People." Center for Conflict Management/ Americord, The Centers for Law & Leadership, William Mitchell College of Law. October 1999.

Performance Enhancement & Coaching:

"Using EMDR for Performance Enhancement in Career & in the Creative & Performing Arts". Sandra Foster, Ph.D., March 2000 & September 2004.

"Conflict Management in Workplace Situations." Hennepin County Bar Association. April 2001.

"EMDR-Integrated Coaching for Effective Leadership and Innovative Strategic Visioning." Sandra Foster, Ph.D., Jennifer Lendl, Ph.D.. September 2000.

"Organization and Management Consulting." John Fennig, Ph.D., L.P. April 2000.

"The Art and Practice of Executive Coaching." MN Psychological Association, Presenters: Mary Dee Hicks, Ph.D., L.P. and David B. Peterson, Ph.D., L.P. November 1998.

Stress Management:

"Mindfulness, Willingness, and Radical Acceptance in Psychotherapy," Cedar Koons & Randy Wolbert, Behavioral Tech, LLC, October 11-12, 2012.

"EMDR & Mindfulness," Carrie Ann Cherep, May 2010.

"Advanced Mindfulness," Terry Fralich, PESI, January 2010.

"Clinical Relaxation Training." & "Clinical Relaxation Training II." Drevis Hager, Ed.D., L.P., Minnesota School of Professional Psychology, March 2001.

Other Clinical Topics:

"Ericksonian Hypnosis," Bill O'Hanlon, December 2011

"Integrating the Developing Mind in Psychotherapy," Daniel J. Siegel, M.D., October 2011.

"Reconsidering Trauma," John Briere, March 2010.

"New Frontiers in Trauma Treatment," Bessel van der Kolk, M.D., March 2007.

"Reproductive Health Psychology: A critical specialty," Deborah Rich, MPA, November 2005.

Areas of Competency as documented with the MN Board of Psychology

Consultation and coaching services provided within a business or organizational setting, or provided to individuals to further professional development or enhance performance. These services may include interviewing, assessment, skills training, conflict resolution, and other interventions.

Civil and Family Law mediation and conflict resolution.

Provide individual, family, and group psychotherapy to children, adolescents, and adults.

Administer and interpret psychological assessment measures (intellectual, achievement, and personality) to children, adolescents, and adults.

Provide clinical supervision to graduate students, license eligible psychotherapists, and psychologists.

Teach college and graduate level courses in clinical, child, and developmental psychology; sexuality; and cultural issues.

Provide consultation regarding clinical psychology, diversity, and the integration of psychology, spirituality, and culture.

Conduct research in the areas of psychology, sexuality, spirituality, and culture.