$oldsymbol{T}$ his month, we conclude the series that invites you to learn more about each of the nine members who serve on the Woodruff Electric Cooperative Board of Directors. The Board of Directors represents the cooperative member-owners and acts on their behalf. This last feature is on the Board member that represents District 9, A.B. Thompson, Jr.

MEET YOUR DIRECTOR

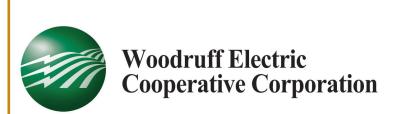
A. B. Thompson, Jr. began representing District 9 on the Woodruff Electric Board of Directors in

1984. He is a lifelong resident of the Turkey Scratch community in Phillips County, where he and his family have been in the farming and commerce industries for many years. Today, he continues to own and operate a local, country store while remaining involved in cotton, hay, rice and soybean farming operations.

A. B. served nine years in the Arkansas National Guard after receiving his bachelor's degree in Agriculture from the University of Arkansas. He is a member of the Lee County Farm Bureau and serves as the President of the Marvell Rural Water Association. He has been a member of the Masonic Lodge for over 55 years and is a 32nd degree Mason and a Shriner. A. B. and Peggy, his wife of four years are members of the First Christian Church in Marianna. A.B. has two children and one grandchild.

A. B. has previously served as the Cooperative's Board chairman. He has completed all three levels of the Director Certificate Program which consist of the Credentialed Cooperative Director Certificate, Board Leadership Certificate, and the Board Gold Credential during his service on the Cooperative Board.

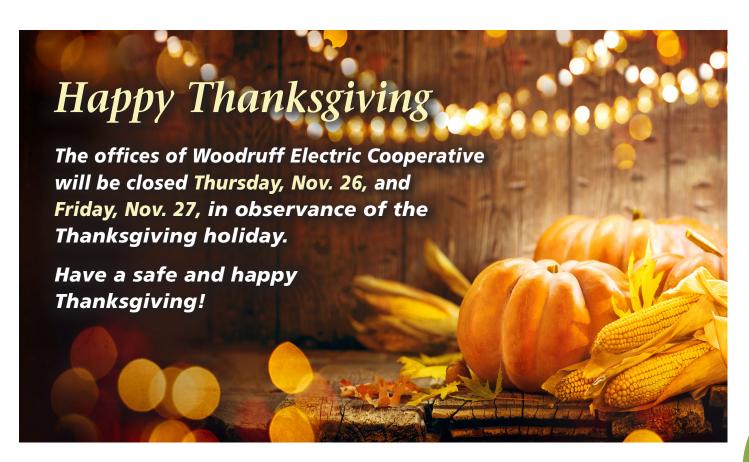




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VETERANS DAY

Honoring, all who served

Start with the kitchen for energy savings

Ah, the kitchen. It's undeniably one of the most-loved rooms in our homes. It's where we gather with family and friends to make meals and memories. But like most of us, you probably aren't thinking about

saving energy when you're

planning that Thanksgiving feast. Here are four ways you can save energy in the kitchen with minimal effort.

Unplug appliances that draw phantom energy load. Halloween may be over, but it's possible you have energy vampires in your kitchen — these are the appliances that draw energy even when they're not in use, like coffee makers, microwaves and toaster ovens. The Department of Energy has estimated that one home's energy vampires left plugged in year-round can add up to \$100-\$200 in wasted energy costs. Unplug them when they're not in use, or better yet, use a power strip for convenient control.

Help large appliances work less. There are small ways you can help your larger kitchen appliances run more efficiently. For example, keep range-top burners clean from spills and fallen foods so they'll reflect heat better. When it's time to put leftovers in the refrigerator, make sure the

> food is covered and allow it to cool down first. That way, the fridge doesn't have to work harder to cool warm food.

Use your dishwasher efficiently. Only run full loads, and avoid using the "rinse hold" function on your machine for just a few dirty dishes; it uses three to seven gallons of hot water each use. You can also save energy by letting your dishes air-dry. If your dishwasher doesn't have an automatic air-dry switch, simply turn it off after the final rinse, and prop the door open so the dishes will dry faster.



Use smaller kitchen appliances, like slow cookers, toaster ovens and convection ovens when possible. These smaller appliances use less energy than a fullsize oven.

When possible, cook with smaller appliances. Using smaller kitchen appliances, like slow cookers, toaster ovens and convection ovens is more energy efficient than using your large stove or oven. According to the Department of Energy, a toaster or convection oven uses one-third to one-half as much energy as a full-sized oven.



When it's time to do the dishes, remember to run full loads. You can also save energy by allowing your dishes to air-dry.